



WESIG Annual Report 2010

PCDE

Everywhere in the world, numbers of people with diabetes and chronic diseases as a whole are increasing leading to an epidemic, worse than any contagious disease ever could have caused. Besides, thanks to technological developments and better health care conditions people live longer. Both topics combined raise an important issue of numerous people living with diabetes in an aging population, characterized by multi morbidity and lower quality of life. This alters the healthcare needs of people living in different communities.

Primary Care Diabetes Europe (PCDE) has been established to support all people with diabetes, their relatives, informal carers and professional primary health care providers to enhance the quality of the care to all of them as well as the quality of their lives.

MISSION PCDE

Primary Care Diabetes Europe (PCDE) exists to provide a focal point for primary care clinicians and their patients. Its purpose is to promote high standards of care for people living with diabetes throughout Europe. Emphasis is placed on incorporating evidence based medicine into daily practice as well as promoting diabetes education and research in primary care.

COMPOSITION EXECUTIVE

Executive board:

Chairman	: Prof. Johan Wens (BE)
Hon. Secr. Vice Chair	: Assoc.Prof.Dr. Xavier Cos (ES)
Treasurer	: Mrs. Guusje Neijens (NL)
Exec.Board member responsible for Research Assoc.	: Prof.Dr. Pinar Topsever (TR)

Working Committee:

Liaison Officer	: Anne Marie Felton, chairman FEND (UK)
Liaison Officer and Chairman of PCDE's	
EASD "Study group Primary Care Research in diabetology"	: Prof. Guy Rutten (NL)
Liaison Officer	: Gwen Hall (rep. PCDS) (UK)
Liaison Officer	: Dr. Imre Rurik (HU).

ACHIEVEMENTS / PROJECTS

PCDE has hosted 10 International Conferences, in the beginning mainly as stand-alone meetings. In more recent years the conferences were official EASD satellites, thanks to the joined Study Group on Primary Care Research.

- 1997 Lisbon
- 1999 Istanbul
- 2001 Brussels
- 2002 Stockholm
- 2003 Paris
- 2004 Munich - related to EASD
- 2006 Athens - related to EASD
- 2008 Amsterdam - related to EASD
- 2009 Istanbul - related to WONCA
- 2010 Istanbul - together with AHEAD

PROJECTS

EUCCLID

Thanks to this research branch of the association, under chairmanship of Prof. Guy Rutten, the EUCCLID project was designed and developed as a first achievement of this collaborative research working group. EUCCLID is a European cross sectional primary care diabetes survey in conjunction with the EASD study group. In this study patients will be randomly selected from a list of all patients known to the participating GPs with DM2 for whom the GP is the main diabetes care provider. Exclusion criteria will include people with type 1 diabetes mellitus, diabetes of pregnancy, serious mental illness, unable to complete a questionnaire in national language or unable to give written informed consent. Approximately 12,000 patients will be included. Participants will have a detailed medical history and anthropometric measurements, blood and urine will be collected and questionnaires will be taken. Endpoints will include quality indicators of clinical DM2 care, prevalence of diabetic complications, knowledge, attitudes, barriers and behaviour affecting good control in DM2 patients, quality of life and patients' satisfaction with diabetes care. We will also determine primary care physician's attitudes, behaviour and perception of barriers to deliver effective diabetes care.

In 2009 the results of the successful pilot of this study were published within our Journal.

SWEET

The **SWEET** project, under the auspices of Professor Thomas Danne, aims to contribute to reducing the burden of diabetes and related costs in Europe by addressing diabetes in children and adolescents. More specifically, the project will aim to improve quality of life outcomes for children with diabetes and their carers, by means of establishing a network of centres of reference for paediatric and adolescent diabetes services. PCDE is proud to be an associated partner in this project.

More information on SWEET at: http://sweet-project.eu/html/en/index_html

CALLIOPE

CALLIOPE is a Thematic Network with a focus on cross-border e-Health Interoperability. It has been initiated by 17 health authorities and 11 organisations representing groups of physicians, community pharmacists, patients, industry and health insurers and is supported by the European Commission under the ICT PSP programme.

More information on CALLIOPE at: <http://www.calliope-network.eu/>

IMAGE

The **IMAGE** project (Development and Implementation of a European Guideline and Training Standards for Diabetes Prevention), led by Dr Peter Schwarz, is set to improve the management and reduce the impact of type 2 diabetes across Europe. Effective and immediate primary prevention is essential to lower the burden of type 2 diabetes within the European Union. The 3 year IMAGE project will help to address this through the development of:

- European practice-oriented guidelines for the primary prevention of type 2 diabetes
- A European curriculum for the training of prevention managers
- European standards for quality control in the assessment, monitoring and quality reporting of type 2 diabetes prevention
- A European e-health training portal

This project is one of the largest public health projects to be granted funding by the European Commission 2006 Call for proposals. More information on IMAGE at: <http://www.image-project.eu/>

DIAMAP

The **DIAMAP** project of which the mission is to undertake a wide survey of the current European diabetes research landscape, from which expert opinion can identify gaps and highlight strengths, to guide a Road Map strategy for diabetes research in Europe.

The objectives of this project are:

- Survey of research activities and funding for diabetes research, both public and private, at regional, national and European level
- Creation of diabetes research database from survey of European and limited worldwide data: intended to be sustained by EURADIA after initial capital from Commission

- identification of gaps, strengths and weaknesses and opportunities in diabetes research in Europe by expert analysis
- Development of final Road Map report by an overarching Expert Advisory Board (EAB) to outline strategy for diabetes research in Europe, taking into account different scenarios, including the Innovative Medicines Initiative.

PCDE is represented in the Horizontal issues group aiming to build bridges between all different subgroups of the Diamap project as there are: genetics/epidemiology, islets, pathophysiology /metabolism/ integrative physiology, micro-vascular complications and macro-vascular complications.

More information on DIAMAP at <http://www.diamap.eu/>

PCDE has also facilitated a Cochrane systematic literature review on Interventions for improving adherence to treatment recommendations in people with type 2 diabetes mellitus and the OBO project (Obstacles and Outcomes on Living with Diabetes).

MEETINGS

BOARD MEETINGS

PCDE meets with her executive board approximately 3 times a year.

Once a year in February/March the General Assembly takes place with the executive board together with the working committee.

FUTURE CONFERENCES

PCDE is present and meets annually at the following Diabetes conferences:

- ADA
- EASD
- WONCA
- FEND
- IDF DUBAI
- DESG Greece

COLLABORATIONS

A particular close working relationship has already been established with IDF, WONCA, FEND and EASD, (EURADIA and different EASD study groups like Diabetes Education Study Group (DESG) and Cardio Vascular study group). In 2010 PCDE was strongly involved in the annual DESG meeting, introducing the concepts of 'Primary Care' and stressing its importance and assets for diabetes education as a whole.

PCDE aims to consolidate these affiliations in the future. In addition, there are also close contacts with, WHO, the WONCA networks as EGPRN and EQUIP, and WONCA Special Interest Groups as the European Primary Care Cardiovascular Society (EPCCS) and different national and international organisations.

Individual members of the Executive Committee also have direct links with most of the major diabetes organisations at European and even global level and contribute actively to their respective regular conferences.

Primary Care Diabetes impacts on the European policy level in their consultancy position at different national and international organisations. Since 2010, the European Coalition for Diabetes (ECD) was established together with the Federation of European Nurses in Diabetes (FEND), the International Diabetes Federation (IDF) and EURADIA, the research coordinating organisation of the European Association for the Study of Diabetes (EASD). ECD now is in constant communication with different members of the European Parliament and various partners in the European Commission in charge of all aspects of health care governance and research.



FUTURE PLANS

In upcoming years, PCDE will organise diabetes tracks within the WONCA regional conferences, where it is officially recognised as the Diabetes Special Interest Group.

In 2011 PCDE co-organises the second International conference on Hypertension & Diabetes together with AHEAD and EPCCS and The Family Medicine Education and Research Association.

In the future, even more efforts will be done to provide funding for and to supervise high quality research in primary diabetes care. This is extensively named in PCDE's vision (PCDE policy document 2010-2011)

Future plans in process;

- To develop closer relationships with other groups working in the field of primary care and diabetes
- To establish a network of active contacts in Primary Diabetes Care in Europe
- To explore the needs of health professionals working in Primary Diabetes Care and encourage sharing of professional experience

SPONSOR POLICY

PCDE highly values the contribution of all partners who supported all above mentioned PCDE activities with unconditional grants in 2010, particularly our Gold sponsors:

- Astra-Zeneca
- Lifescan
- Eli Lilly & Company

Sponsor benefits and conditions are summarized in PCDE's sponsorship agreements.