

# WONCA Europe Secretariat

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## WONCA Europe Award of Excellence in Health Care: The 5 - Star Doctor 2017

WONCA Europe is proud to announce the winner of the WONCA Europe Award of Excellence in Health Care: The 5-Star Doctor 2017:

### Dr Veronica Casado Vicente from SACYL/Facultad de Medicina, Spain

#### About Dr Veronica Casado Vicente - a short extract from the winner's application:

- Doctor of Medicine and Surgery (PhD) since 1987, and a Family and Community Medicine specialist since 1986.
- Dr Veronica Casado Vicente is also specialist in baby care and childcare (1985), and has a Certificate in Health (1987) and a Certificate in abdominal ultrasound scan (2009).
- She has as a broad profile that includes medical care, graduated training, post-graduated training and continuous training, research, education and health management in different fields of the National Health Service.
- She has been a Family doctor, member of the primary care team in the University Health Centre "Parquesol" in Valladolid since 1989. From 1990 a 1997 she did managerial work. She obtained the post by taking a Spanish national competitive examination. This primary care team is composed of 8 ancillary staff, 2 midwife, 16 nurses, a social worker, 4 paediatricians and 15 family doctors. She provides care not only to patients with acute problems, but also to chronic patients. A great variety of portfolio services are offered.
- She is responsible for the Health Centre Education program, research program and community activities program. She is leading the Parquesol Community activities health project 2014-2019: Health education in the adolescence. She has involved family doctors, family medicine trainees, medical students, family and community nurse trainees, paediatricians, social workers and key members of the community, and run workshops in the school.
- Her relation with the community is a caring one; she was appointed official mistress of ceremonies to open the festivities in Parquesol District in 2014
- She devotes at least one hour daily to her pre-graduate students and family medicine trainee, and attends regularly the weekly primary care team meetings where she contributes decisively.

- Dr Casado Vicente is committed to the Castilla-Leon Regional Health Service, which requires achievement of health indicators, outcomes and limits on pharmacological expenditure. Her data are excellent. She has obtained Professional career level 3. (the highest in Comunidad Castilla-Leon).
  - She is also a brilliant doctor who is an advocate of person-centred medicine. Regardless of other business imperatives exist, she always thinks of her patients, and puts them first. Any one of her patients would declare his compassionate, holistic, sympathetic and judicious approach to their problems.
  - Finally she is a talented communicator. She has a gift for social skills and a great sense humour very much appreciated not only by her patients but also by her medical students, her trainees and her colleagues in Spain and far beyond.
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**WONCA Award of Excellence in Health Care: The 5-Star Doctor** is an award to be conferred on physicians, who in the opinion of the WONCA Council, have made a significant impact on the health of individual and communities, through personal contributions to health care and the profession. It is instituted in an attempt to increase the global development of Family Medicine, global networking and partnership.

**WONCA Europe received three nominations for the 2017 Award:**

- Dr EGIDI Günther, Germany
- Dr CASADO VICENTE Veronica, Spain
- Prim Dr CIKAC Tatjana, Croatia

**The 5-Star Doctor Award Selection Committee for 2017 consisted of:**

- Anna Stavdal, Norway (Chair)
- Josep Vilaseca, Spain
- Ilse Hellman, Austria
- Jose Miguel Bueno Ortiz, Spain
- Claire Thomas, UK (VdGM)

**The selection committee considered the following criteria:**

- a nominee must meet the principle of the 5 Star Doctor
- the "Towards Unity for Health" criteria will be kept in mind: the attributes of the 5 Star Doctor are:
  - **care provider** who considers the patient as an integral part of a family and the community and provides high standard clinical care (excluding or diagnosing serious illness and injury, manages chronic disease and disability) and personalises preventive care within a long term, trusting relationship
  - **decision maker**, who chooses which technologies to apply ethically and cost-effectively while enhancing the care that he or she provides;
  - **communicator**, who is able to promote healthy life-styles by emphatic explanation, thereby empowering individuals and groups to enhance and protect their health;
  - **community leader**, who has won the trust of the people among whom he or she works, who can reconcile individual and community health requirements and initiate action on behalf of the community;

- **team member**, who can work harmoniously with individuals and organisations, within and outside the health care system, to meet his or her patients and community's needs.
- a nominee should be a primary care physician/family doctor in mid-career who in addition to providing regular patient care:
  - provides innovative services for a community or special patient group;
  - developed services where they were previously not available;
  - supported colleagues in another region, country or college;
  - performed academic work (teaching, research, quality assurance) of exceptional quality and relevance.
- a nominee needs to be a primary care physician/family doctor
- a nominee can work outside his or her region, or create something that can be used outside his or her region or serve as a role model to other regions

The 2017 WONCA Europe 5-Star Doctor Award will be presented at the WONCA Europe Conference in Prague, June 28 – July 1, 2017.

The winner of the 2017 WONCA Europe 5-Star Doctor Award will be one of the European candidates for the WONCA World 5-Star Doctor Award of 2018 in Seoul.

Sincerely,



Dr Anna Stavdal

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